

## 7 Day prayer resource for being in isolation

1)

[https://www.wn.catholic.org.nz/adw\\_community/in-reverse-prayer-in-a-time-of-isolation/](https://www.wn.catholic.org.nz/adw_community/in-reverse-prayer-in-a-time-of-isolation/)

The Archdiocese of Wellington have prepared this, you might find this a good spiritual resource over the coming weeks.

I feel very helpless in that I am also in strict lockdown, hence the messages and suggestions coming out. As we journey through the last days of Lent and then for the first time in our lives an Easter in which we can not join together in the sacraments of the Triduum. Be assured I will be doing all the Triduum Mass in St Thomas More at the previously advertised times. Please pray during these times for me and for your fellow parishioners, as I will be doing so for you.

(Holy Thursday Mass 7pm, Good Friday 3pm, Holy Saturday 6.30pm and Easter Sunday 9.30am)

May God Bless you all, keep safe, keep patient with each other.

Fr Stuart

2)

When you cannot receive the Sacraments because of Quarantine

On 20 March 2020, The Apostolic Penitentiary issued a statement for people affected by the Covid-19 lockdown. It gave a way (a plenary indulgence) for those in danger of death to be forgiven their sins and to be readied for eternity. The extract below clarifies the necessary steps to prepare for and to receive this abundant mercy of God.

For those unable to receive the sacraments (for example, Mass, Reconciliation): do any one of the following:

- unite spiritually in Mass online, OR
- read the Holy Scriptures for at least half an hour, OR
- recite the Holy Rosary, OR
- do the Way of the Cross, OR
- recite the Chaplet of Divine Mercy,

to implore from Almighty God the end of the epidemic, relief for those who are afflicted and eternal salvation for those whom the Lord has called to Himself, and to pray for the Holy Father's intentions. And have the intention of going to sacramental confession and holy communion once these things are possible.

For those who are sick:

- recite the Creed and
- pray the Lord's Prayer and
- pray the Hail Mary, or other prayer invoking the intercession of the Blessed Virgin Mary and
- pray for the intentions of the Holy Father offering this trial in a spirit of faith in God and charity towards their brothers and sisters, with the intention of going to sacramental confession and holy communion, once these things are possible.

For those who are dying:

This indulgence is granted to them, provided that they are well disposed and have recited a few prayers during their lifetime. The recommendation is that the dying person be given a crucifix to hold or to look at. Regrettably, there will be no funerals during the lockdown.

This statement is from our Bishops

Fr. Stuart Young

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Chairman Hamilton Diocese Clergy Trust Fund.